APPROVED
Lithuanian grappling federation
President Kestutis Smirnovas

LITHUANIA GRAPPLING GI / NOGI CUP CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 28 February 2026 at 11:00 in **V. Kudirkos str. 64, Šakiai, Lithuania.**
Arrival of participants, registration – weight – in 28 February between 9:00 and 10:00.
Athletes must present a valid identity document.
The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competitions are individual and team, the number of participants is unlimited
Discipline Gi

Grupė	Dalyvauja	Svorio kategorijos
1	Girls U11, 2015 and younger	23, 26, 29, 33, 37, 41, 47, 53, 61, +61 kg
2	Girls U13, 2013-2014	29, 33, 37, 41, 47, 53, 61, + 61 kg
3.	Girls U15, 2011-2012	33, 37, 41, 47, 53, 61, 69, +69 kg
4.	Girls U17, 2009-2010	37, 41, 47, 53, 61, 69, +69 kg
5	Womens 2008 and older, beginners	47, 53, 61, 69, 77, +77 kg
6	Womens 2008 and older	47, 53, 61, 69, 77, +77 kg
7.	Boys U9, 2017 and younger	22, 25, 28, 32, 36, 40, 44, 48, 52, 58, +58 kg
8.	Boys U11, 2015-2016	25, 28, 32, 36, 40, 44, 48, 52, 58, 64, +64 kg
9.	Boys U13, 2013-2014	32, 36, 40, 44, 48, 52, 58, 64, 72, +72 kg
10.	Boys U15, 2011-2012	40, 44, 48, 52, 58, 64, 72, 80, +80 kg
11.	Boys U17, 2009-2010	52, 58, 64, 72, 80, 90, +90 kg
12.	Men 2008 and older, beginners	64, 72, 80, 90, 100, +100 kg
13.	Men 2008 and older	64, 72, 80, 90, 100, +100 kg
14	Masters men 1991 and older, beginners	72, 80, 90, 100, +100 kg
15	Masters men 1991 and older	72, 80, 90, 100, +100 kg

Note: if only one, two participant registers in a weight-category, they are moved one weight category up.
BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!

Discipline NoGi

Grupė	Dalyvauja	Svorio kategorijos
1	Girls U11, 2015 and younger	23, 26, 29, 33, 37, 41, 47, 53, 61, +61 kg
2	Girls U13, 2013-2014	29, 33, 37, 41, 47, 53, 61, + 61 kg
3.	Girls U15, 2011-2012	33, 37, 41, 47, 53, 61, 69, +69 kg
4.	Girls U17, 2009-2010	37, 41, 47, 53, 61, 69, +69 kg
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IV. HOLDING THE COMPETITION

The judge panel approved by LGF holds the competition.

V. RULES
Competitions follow the competition system adopted by IGF. http://www.grapplingfederation.com/rules

VI. AWARDS
Winners and prize-winners of individual competitions are awarded with medals of the appropriate degree.
Team winners three clubs with the most points - cups.
Points for the team are given by each participant (1 point) and athletes who took I-III places, the results of both disciplines are calculated together: (I p. - 7 points; II p. - 5 points; III p. - 3 points). **If one athlete remains in the weight category and/or the athlete does not have a single fight, his points as a prize winner are not included in the team's overall result.**

VII. CONDITIONS OF ACCEPTANCE

Participant fee for one discipline:

Normal registration until February 22 – 30 euros,

late registration from February 23 to 26 - 40 euros.

The fee is paid in the registration system (https://smoothcomp.com) by credit card or in the bank account of the Lithuanian Grappling Federation:

Lithuanian Grappling Federation

Bank: Luminor Bank AS

Bank account IBAN: LT264010051001970289

SWIFT: AGBLLT2X

(In the designation we write: Participant fee, discipline (Gi ; NoGi) participant's name and surname)

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION
The number of participants is unlimited.
Registration **www.smoothcomp.com until 26 February 2026 at 24.00 h (Time of Lithuania)**

Athletes who have not registered in advance and/or paid the participation fee will not be registered for the competition on the day of the competition.

If during the weigh-in the athlete exceeds the weight in which he registered for the competition, he will be promoted to a higher weight category only after paying an additional fee of 10 euros, otherwise a defeat will be counted!

In the absence of opponents in the beginner age groups and the possibility to move to a higher weight category, the organizers reserve the right to move the athlete(s) to advanced age groups.

In the absence of opponents in the age groups of masters men and the possibility of transferring to a higher weight category, the organizers reserve the right to transfer the athlete to the age groups of adult men.

The paid participation fee is non-refundable Information by e-mail: lietuvosgrapplingfederacija@gmail.com

Tel. No +370 64561005 Adrijus Kupstas Tel. No. +37068502228

Note: Registration fee is paid in the bank account of the Lithuanian Grappling Federation
Bank: Luminor Bank AS
Bank account IBAN: LT264010051001970289
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