



APPROVED  
Lithuanian grappling federation  
President Kestutis Smirnovas

## LITHUANIA OPEN JIU JITSU (NEWAZA GI and NOGI) CHAMPIONSHIP REGULATIONS

### I. OBJECTIVE AND TASKS

To promote jiu jitsu and to improve athletes skills.

### II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 10 May 2025 at 11:00 in Mokslo str. 2, Mastaiciai, Lithuania. 53313 (Lithuanian Police School)

**Arrival of participants, registration – weight – in 16 November between 9:00 and 10:00.**

Athletes must present a valid identity document.

**The competition begins at 11.00.**

### III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competitions are individual and team, the number of participants is unlimited

#### Discipline GI

Nr	Participants	Weight divisions
1.	Girls U11, 2014 and younger	-23;-26;-29;-33;-37;-41;-47;-53; +53kg
1.	Girls U15, 2010-2013	-26;-29;-33;-37;-41;-47;-53;-61; +61kg
2.	Women 2009 and older	-47;-53;-61;-69; 77; +77 kg
3.	Women BEGINNERS 2009 and older	-47;-53;-61;-69; 77; +77 kg
4.	Boys U9, 2016 and younger	-22;-25;-28;-32;- 36;- 40;-44;-48;-52;-58;+58 kg
5.	Boys U11, 2014-2015	-25;-28;-32;- 36;- 40;-44;-48;-52;-58; -64;+64 kg
6.	Boys U13, 2012-2013	-32;-36;-40;-44;-48;-52;-58;-64;-72; +72 kg
7.	Boys U15, 2010-2011	-40;-44;-48;-52;-58; -64;- 72;-80;+80 kg;
8.	U-17, Boys 2008-2009	-52;-58;-64;-72;-80;-90;+90 kg
9.	Adult (men)2007 and older	-64;-72;-80;-90; 100; +100 kg
10.	Adult (men) BEGINNERS 2007 and older	-64;-72;-80;-90; 100; +100 kg
11.	Masters 1990 and older	-72;-80; -90; -100; +100 kg
12.	Masters 1990 and older BEGINNERS	-72; -80; -90; -100; +100 kg
13.	Open class adult Men and Women	Common

#### Discipline NoGi

Nr	Participants	Weight divisions
1.	Girls U11, 2014 and younger	-23;-26;-29;-33;-37;-41;-47;-53; +53kg
1.	Girls U15, 2010-20113	-26;-29;-33;-37;-41;-47;-53;-61; +61kg
2.	Women 2009 and older	-47;-53;-61;-69; 77; +77 kg
3.	Women BEGINNERS 2009 and older	-47;-53;-61;-69; 77; +77 kg
4.	Boys U9, 2016 and younger	-22;-25;-28;-32;- 36;- 40;-44;-48;-52;-58;+58 kg
5.	Boys U11, 2014-2015	-25;-28;-32;- 36;- 40;-44;-48;-52;-58; -64;+64 kg
6.	Boys U13, 2012-2013	-32;-36;-40;-44;-48;-52;-58;-64;-72; +72 kg
7.	Boys U15, 2010-2011	-40;-44;-48;-52;-58; -64;- 72;-80;+80 kg;
8.	U-17, Boys 2008-2009	-52;-58;-64;-72;-80;-90;+90 kg
9.	Adult (men)2007 and older	-64;-72;-80;-90; 100; +100 kg
10.	Adult (men) BEGINNERS 2007 and older	-64;-72;-80;-90; 100; +100 kg
11.	Masters 1990 and older	-72;-80; -90; -100; +100 kg
12.	Masters 1990 and older BEGINNERS	-72; -80; -90; -100; +100 kg
13.	Open class adult Men and Women	Common

**Note:** if only one, two participant registers in a weight-category, they are moved one weight category up.

**BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!**

#### IV. HOLDING THE COMPETITION

The judge panel approved by LGF holds the competition.

#### V. RULES

Competitions follow the competition system adopted by JJIF. <https://jjif.sport/downloads/>

#### VI. AWARDS

The winners and the prize winners will be awarded with medals. Team – cups. Absolute champions and prize winners – medals.

#### VII. CONDITIONS OF ACCEPTANCE

Participant fee for one discipline:

Normal registration until May 1 - 20 euros,

Late registration from May 2 to 8 - 30 euros.

**Registration fee is paid in the bank account of the Lithuanian Grappling Federation:**

**Lietuvos graplingo federacija**

**Bank: Luminor Bank AS**

**Bank account IBAN: LT264010051001970289**

**SWIFT: AGBLLT2X**

**(In the designation we write: Participant fee, discipline (Gi ; NoGi ) participant's name and surname)**

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

#### VII. REGISTRATION

**The number of participants is unlimited.**

Registration [www.smoothcomp.com](http://www.smoothcomp.com) until 8 May 2025 at 24.00 h (Time of Lithuania)

**Athletes who have not registered in advance and/or paid the participation fee will not be registered for the competition on the day of the competition.**

**If during the weigh-in the athlete exceeds the weight in which he registered for the competition, he will be promoted to a higher weight category only after paying an additional fee of 10 euros, otherwise a defeat will be counted!**

**The paid participation fee is non-refundable** Information by e-mail: [lietuvosgrapplingfederacija@gmail.com](mailto:lietuvosgrapplingfederacija@gmail.com)

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