



APPROVED

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Lithuanian grappling federation
President Kestutis Smirnovas

Municipalities of the city of Panevėžys
Head of the sports department Zivile Uztupaite

Lithuanian grappling federation
President Kestutis Smirnovas

INTERNATIONAL GRAPPLING GI / NOGI CUP CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 8 February 2025 at 11:00 in **Liepu al. 4, Panevezys, Lithuania.**

Arrival of participants, registration – weight – in 8 February between 9:00 and 10:00.

Athletes must present a valid identity document.

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competitions are individual and team, the number of participants is unlimited

Discipline Gi

Group	Participates	Weight categories
1	Girls U11, 2014 and youngers	23, 26, 29, 33, 37, 41, 47, 53, +53 kg
2	Girls U15, 2010-2013 m.	26,29, 33, 37, 41, 47, 53, 61, +61 kg
3.	Womens 2009 and older, beginners	47, 53, 61, 69, 77, +77 kg
4.	Womens 2009 and older	47, 53, 61, 69, 77, +77 kg
5	Boys U9, 2016 and youngers	22, 25, 28, 32, 36, 40, 44, 48, 52, 58, +58 kg
6	Boys U11, 2014-2015	25, 28, 32, 36, 40, 44, 48, 52, 58, 64, +64 kg
7.	Boys U13, 2012-2013	32, 36, 40, 44, 48, 52, 58, 64, 72, +72 kg
8.	Boys U15, 2010-2011	40, 44, 48, 52, 58, 64, 72, 80, +80 kg
9.	Boys U17, 2008-2009	52, 58, 64, 72, 80, 90, +90 kg
10.	Men 2007 and older, beginners	64, 72, 80, 90, 100, +100 kg
11.	Men 2007 and older	64, 72, 80, 90, 100, +100 kg
12.	Masters men 1990 and older, beginners	72, 80, 90, 100, +100 kg
13.	Masters men 1990 and older	72, 80, 90, 100, +100 kg

Note: if only one, two participant registers in a weight-category, they are moved one weight category up. BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!

Discipline NoGi

Group	Participates	Weight categories
1	Girls U11, 2014 and youngers	23, 26, 29, 33, 37, 41, 47, 53, +53 kg
2	Girls U15, 2010-2013 m.	26,29, 33, 37, 41, 47, 53, 61, +61 kg
3.	Womens 2009 and older, beginners	47, 53, 61, 69, 77, +77 kg
4.	Womens 2009 and older	47, 53, 61, 69, 77, +77 kg
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IV. HOLDING THE COMPETITION

The judge panel approved by LGF holds the competition.

V. RULES

Competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

Winners and prize-winners of individual competitions are awarded with medals of the appropriate degree.

Team winners are awarded in three age groups, Group I – girls and womens; Group II - U9, U11, U13, U15 boys, Group III - U17, adult men and masters men, three clubs with the most points - cups.

Points for the team are given by each participant (1 point) and athletes who took I-III places, the results of both disciplines are calculated together: (I p. - 7 points; II p. - 5 points; III p. - 3 points). **If one athlete remains in the weight category and/or the athlete does not have a single fight, his points as a prize winner are not included in the team's overall result.**

VII. CONDITIONS OF ACCEPTANCE

Participant fee for one discipline:

Normal registration until February 2 – 30 euros,

late registration from February 3 to 6 - 40 euros.

The fee is paid in the registration system (<https://smoothcomp.com>) by credit card or in the bank account of the Lithuanian Grappling Federation:

Lithuanian Grappling Federation

Bank: Luminor Bank AS

Bank account IBAN: LT264010051001970289

SWIFT: AGBLLT2X

(In the designation we write: Participant fee, discipline (Gi ; NoGi) participant's name and surname)

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited.

Registration www.smoothcomp.com until 6 February 2025 at 24.00 h (Time of Lithuania)

Athletes who have not registered in advance and/or paid the participation fee will not be registered for the competition on the day of the competition.

If during the weigh-in the athlete exceeds the weight in which he registered for the competition, he will be promoted to a higher weight category only after paying an additional fee of 10 euros, otherwise a defeat will be counted!

In the absence of opponents in the beginner age groups and the possibility to move to a higher weight category, the organizers reserve the right to move the athlete(s) to advanced age groups.

In the absence of opponents in the age groups of masters men and the possibility of transferring to a higher weight category, the organizers reserve the right to transfer the athlete to the age groups of adult men.

The paid participation fee is non-refundable Information by e-mail: lietuvosgrapplingfederacija@gmail.com

Tel. No +370 64561005 Adrijus Kupstas Tel. No. +37068502228

Note: Registration fee is paid in the bank account of the Lithuanian Grappling Federation

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