



APPROVED
Lithuanian grappling federation
President Kestutis Smirnovas

LITHUANIA OPEN JIU JITSU (NEWAZA GI and NOGI) CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote jiu jitsu and to improve athletes skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 16 November 2024 at 11:00 in Vasario 16-osios str. 8, Garliava, Lithuania. 53216

Arrival of participants, registration – weight – in 16 November between 9:00 and 10:00.

Athletes must present a valid identity document.

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competitions are individual and team, the number of participants is unlimited

Discipline GI

Nr	Participants	Weight divisions
1.	Girls U11, 2013 and younger	-23;-26;-29;-33;-37;-41;-47;-53; +53kg
1.	Girls U15, 2009-2012	-26;-29;-33;-37;-41;-47;-53;-61; +61kg
2.	Women 2008 and older	-47;-53;-61;-69; 77; +77 kg
3.	Women BEGINNERS 2008 and older	-47;-53;-61;-69; 77; +77 kg
4.	Boys U9, 2015 and younger	-22;-25;-28;-32;- 36;- 40;-44;-48;-52;-58;+58 kg
5.	Boys U11, 2013-2014	-25;-28;-32;- 36;- 40;-44;-48;-52;-58; -64;+64 kg
6.	Boys U13, 2011-2012	-32;-36;-40;-44;-48;-52;-58;-64;-72; +72 kg
7.	Boys U15, 2009-2010	-40;-44;-48;-52;-58; -64;- 72;-80;+80 kg;
8.	U-17, Boys 2007-2008	-52;-58;-64;-72;-80;-90;+90 kg
9.	Adult (men)2006 and older	-64;-72;-80;-90; 100; +100 kg
10.	Adult (men) BEGINNERS 2005 and older	-64;-72;-80;-90; 100; +100 kg
11.	Masters 1988 and older	-72;-80; -90; -100; +100 kg
12.	Masters 1988 and older BEGINNERS	-72; -80; -90; -100; +100 kg
13.	Open class adult Men and Women	Common

Note: if only one, two participant registers in a weight-category, they are moved one weight category up.

BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!

Discipline NoGi

Nr	Participants	Weight divisions
1.	Girls U11, 2013 and younger	-23;-26;-29;-33;-37;-41;-47;-53; +53kg
1.	Girls U15, 2009-2012	-26;-29;-33;-37;-41;-47;-53;-61; +61kg
2.	Women 2008 and older	-47;-53;-61;-69; 77; +77 kg
3.	Women BEGINNERS 2008 and older	-47;-53;-61;-69; 77; +77 kg
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IV. HOLDING THE COMPETITION

The judge panel approved by LGF holds the competition.

V. RULES

Competitions follow the competition system adopted by JJIF. <https://jjif.sport/downloads/>

VI. AWARDS

The winners and the prize winners will be awarded with medals. Team – cups. Absolute champions – belts.

VII. CONDITIONS OF ACCEPTANCE

Participant fee for one discipline:

Very early registration until November 3 - 20 euros,

registration from November 4 to 10 - 25 euros.

late registration from November 11 to 14 - 30 euros.

Registration fee is paid in the bank account of the Lithuanian Grappling Federation:

Lietuvos graplingo federacija

Bank: Luminor Bank AS

Bank account IBAN: LT264010051001970289

SWIFT: AGBLLT2X

(In the designation we write: Participant fee, discipline (Gi ; NoGi) participant's name and surname)

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited.

Registration www.smoothcomp.com until 14 November 2024 at 24.00 h (Time of Lithuania)

Athletes who have not registered in advance and/or paid the participation fee will not be registered for the competition on the day of the competition.

If during the weigh-in the athlete exceeds the weight in which he registered for the competition, he will be promoted to a higher weight category only after paying an additional fee of 10 euros, otherwise a defeat will be counted!

The paid participation fee is non-refundableInformation by e-mail: lietuvosgrapplingfederacija@gmail.com

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